

Team Best Group of Companies and Best Cure Foundation, USA Celebrate Doctors Day in Hyderabad

The grand Doctors Day Celebrations, organized by Team Best Group of Companies and Best Cure Foundation, USA, took place on June 23, 2024, at The Plaza, Begumpet, Hyderabad. The event witnessed a remarkable gathering of over 200 doctors, all converging to honor the invaluable contributions of medical professionals in our society. Team Best Group of Companies, based in Virginia, USA, is a global leader in developing technologies for cancer



treatment, cardiac care, and other medical conditions. The Best Cure Foundation focuses on providing high-quality, affordable healthcare worldwide, with a particular emphasis on early detection and intervention.

The celebrations commenced with a warm welcome to the distinguished guests, followed by an introduction to the day's agenda. The atmosphere was charged with excitement and reverence, as the medical community came together to celebrate their dedication and hard work. The event was anchored by Dr. Hari Kumar, the Chairman for this year's Doctors Day Celebrations, who is also a renowned Professor of Surgery at Apollo Medical College, Hyderabad.

Chairman Dr. Hari Kumar Welcomes Dr. Hari Kumar, the Chairman for the Doctors Day Celebrations, welcomes all the Doctors, Guests and expressed his gratitude and pride in being part of such a momentous occasion. "It is an honor to chair this event and to witness the incredible dedication of my fellow colleagues," he said. "As medical professionals, we are driven by a common purpose—to heal, to comfort, and to innovate. Today, we celebrate not just our achievements, but our collective journey towards a healthier future."

Dr. Kumar also shared his experiences as a Professor of Surgery at Apollo Medical College, emphasizing the importance of education and mentorship in the medical field. "Training the next generation of doctors is a responsibility I hold dear. It is through education that we can continue to advance our field and improve patient outcomes."



Dr. Vijay Prabhakar: Introducing a Living Legend

Dr. Vijay Prabhakar, Editor-in-Chief of Global Eye Weekly Magazine introduced the event's highlight, Mr. Krish Suthanthiran. "It's my honor to introduce Mr. Krish Suthanthiran, an octogenarian and living legend. Last year, he received the prestigious Dr. M.S. Swaminathan World Prize 2023. As the founder of Team Best Group of Companies and Best Medical International, he has made significant contributions to cancer treatment technology. He is a visionary who aims to reduce mortality rates by 50% and plans to open 1,000 cancer-free hospitals in India, with the first one in Coimbatore this year," Dr. Prabhakar stated, highlighting Mr. Suthanthiran's remarkable

achievements and future plans. **Mr. Krish Suthanthiran: A Visionary's Crusade for Health and Empowerment**

In a stirring address, Dr. Krishnan Suthanthiran, shared his remarkable journey from a modest Indian grocery store to the forefront of global healthcare innovation. His speech, a blend of personal narrative and visionary foresight, underscored the urgency of combating early mortality rates through proactive healthcare.

Dr. Krish's odyssey is one of resilience, transcending borders from India to North America, where his passion for healthcare reform took root. He founded the Global War on Cancer and Triple E programs, championing accessible healthcare and education, particularly in India, while empowering the marginalized.

At the heart of his discourse was a clarion call to address the scourge of benign and malignant diseases claiming young lives. Dr. Krish advocated for a paradigm shift to early detection and intervention, spotlighting the dire need for preventive measures against cancer and diabetes. His contributions to medical technology are groundbreaking. Dr. Krish unveiled an advanced ultrasound device and announced plans to produce cyclotrons for PET-CT scans, positioning him as a pioneer in cancer treatment technology. Beyond healthcare, Dr. Krish tackled the systemic issues plaguing India, such as bureaucratic corruption. He demanded transparency and accountability from the government to foster innovation and progress in the healthcare sector. His vision of free college education and



premier healthcare for all Indians is a testament to his belief in the nation's potential.

Dr. Krish also imparted wisdom on leading a balanced life, emphasizing the importance of cultural heritage, diet, exercise, and mindfulness. He inspired individuals to take charge of their health and make informed lifestyle choices. Drawing inspiration from Dr. Abdul Kalam, Dr. Krish addressed the imperative of cleanliness and personal responsibility for one's environment, advocating for societal change towards hygiene and health.

In conclusion, Dr. Krish's impassioned speech serves as a beacon of hope and inspiration. His unwavering commitment to health, empowerment, and education illuminates the path to a more equitable and healthy future, cementing his legacy as a transformative figure in society.

Dr. Sairam: The Multifaceted Benefits of Cyclotron Technology

Adding to Dr. Krish's points, **Dr. C. Sairam**, Senior Consultant Oncologist & Senior Cancer Specialist, President, VIBDA, Hyderabad, praised **Krish Suthanthiran** for his contributions to medical diagnostics. He recalled meeting Krish at the American Society of Radiation Oncology annual conference in San Antonio, where Krish's efforts in providing proton beam machines were highly regarded. Dr. Sai Ram requested a similar donation for Hyderabad, emphasizing the need for advanced cancer treatment technologies.

Dr. Sai Ram, a renowned radiation oncologist, praised Krish Suthanthiran for his contributions to medical diagnostics. Recalling their meeting at the American Society of Radiation Oncology annual conference in San Antonio, Dr. Sai Ram requested a similar donation of proton beam machines for Hyderabad. He emphasized the need for advanced cancer treatment technologies and highlighted the importance of ultrasound in early breast cancer detection, particularly for younger women. He called for government intervention to reduce high import taxes on medical equipment and advocated for the adoption of carbon particle machines, considered the next generation of proton beam machines.

Dr. Prabhu Kumar Challagali: Advocating for Early Detection and Collaboration

Dr. Prabhu Kumar Challagali, President of the Indian Medical Association, Banjara Hills, and Chairman of the Anti-Quackery

Committee, emphasized the importance of early cancer detection. "Early diagnosis can save lives. Many people die because they can't access timely diagnosis and treatment. We welcome Dr. Krish and his initiatives wholeheartedly. The Indian Medical Association will collaborate with you to improve early detection and treatment in India," he said, highlighting the need for modern medical technology to be accessible to all.

Pastor Navish Samuel: Blessing and Prayers for Doctors



Pastor Navish Samuel extended his blessings and prayers to the doctors. "May the Lord bless all the doctors on this Doctors Day. Your hard work and dedication are saving lives every day. Thank you, Dr. Krish, and all the delegates here, for your contributions to healthcare," he said, acknowledging the selfless efforts of the medical community.

Dr. Tara Satyavati: The Nutritional Value of Millets

Dr. Prabhakar then introduced Dr. Tara Satyavati, Director of the Indian Institute



of Millet Research (ICAR), a leading authority on millets. He noted that Prime Minister Modi and the United Nations declared 2023 as the International Year of Millets, underscoring their global significance.

Dr. Tara Satyavati addressed the gathering, highlighting the role of diet in preventing diseases. With a doctorate in genetics and molecular biology, she serves as the Director of the Indian Institute of Millet Research, designated as the Global Center of Excellence for Millet Research and Development by the Prime Minister.

Dr. Satyavati stressed the nutritional value of millets, which are ancient grains rich in vitamins, minerals, and proteins. She pointed out that modern diets often lack these essential nutrients, leading to various health issues. Dr. Satyavati urged the audience to incorporate millets into their diets to prevent ailments such as anemia, diabetes, and cardiovascular diseases. She emphasized that millets like pearl millet (Bajra), sorghum (Jowar), and proso millet are particularly beneficial due to their high iron, zinc, and fiber content.

"Nowadays, if we see whatever we are eating, that is a root cause for all our problems, ailments. So, if we have a proper diet, a nutritious and balanced diet, that will keep our body healthy and prevent us from going to doctors," Dr. Satyavathi stated. She also noted the high demand for vegetable protein in light of the growing popularity of veganism and organic cultivation.

Dr. Satyavathi's call to action was clear: "My sincere advice and request to all of you is to incorporate millets into your diet and try to prevent the onset of disease and illness and other issues to your body."

CA Mohamed Irshad Ahmed: Bridging the Gap in Cancer Treatment

CA Mohamed Irshad Ahmed, Chairman of the GST and Customs Committee at the Federation of Telangana Chamber of Commerce and Industry, highlighted the importance of local manufacturing in cancer treatment. "We at the Chamber are trying our level best to bridge the gap in cancer treatment and promote industrial activities in Telangana. I hope Dr. Krish and his companies will set up operations here to bring affordable cancer treatment equipment to the market," he

Dr. Vamsi Krishna Kondle: The Importance of Early Detection in Pediatric Cancer

Dr. Vamsi Krishna Kondle, a distinguished pediatrician, highlighted the critical importance of early cancer detection in children. He emphasized the need for vigilant observation of developmental milestones, such as social smiles at three months, to identify potential health issues early. Dr. Kondle urged parents to be attentive and proactive in seeking medical advice if they notice



said, emphasizing the need for accessible healthcare technology.

Dr. G. Venkateswarulu: Emphasizing Prevention and Affordability

Dr. G. Venkateswarulu, Managing Director of Srikeyaksha Hospital, underscored the importance of prevention and affordable treatment. "Prevention is better than cure, especially for cancer. We must focus on food, lifestyle, and environmental factors to prevent cancer. The treatment, whether medical, radiotherapy, or surgical, is still too expensive for many. It should be available to all socio-economic groups," he stated, calling for more reforms and innovations in oncology.



any abnormalities. He also stressed the importance of communicating effectively with parents about potential health concerns without causing unnecessary panic, given the emotional sensitivity surrounding a child's health.

Dr. Vidyulatha: Ultrasound as a Screening Modality for Breast Cancer

Dr. Vidyulatha, a radiologist with extensive experience in chest, body imaging, and breast imaging, supported the use of ultrasound as a screening tool for breast cancer. She pointed out the limitations of mammography, especially in younger women with denser breast tissue. According to Dr. Vidyulatha, combining mammograms with ultrasound provides a more comprehensive screening method, particularly for women under 45. She expressed her commitment to supporting Dr. Krish's efforts in promoting ultrasound screening programs.

Dr. Srinath: Ultrasound in Head and Neck Cancer

Dr. Srinath, a Senior Consultant ENT Surgeon, shared his expertise on the use of ultrasound in diagnosing head and neck cancers. He described ultrasound as a dynamic, non-invasive technique that allows for precise procedures such as abscess aspiration and biopsies. Dr. Srinath emphasized the evolving role of ultrasound and its high accuracy in diagnosing malignancies when combined with clinical examinations and Doppler technology.

Stress on tech boost to healthcare

The Hindu Bureau HYDERABAD

Doctors' Day was celebrated on Sunday with experts from various medical and associated fields gathering to discuss improvements in India's healthcare system.

At a programme at Tourism Plaza, which was moderated by Professor of Surgery at Apollo Medical College V. Hari Kumar, president of the Indian Medical Association (IMA) Banjara Hills Prabhu Kumar Challagali highlighted the need for technological advancements in healthcare.

"In western countries, the average lifespan is 80 to 90 years, whereas in India, it is challenging for a poor man to survive beyond 40," he said. Dr. Prabhu also stressed the

necessity of resources and technology to enable early-stage cancer diagnosis.

Director of ICAR-Indian Institute of Millet Research (IIMR) Tara Satyavathi spoke about the health benefits of millet consumption. She said, "Many women in India suffer from anaemia and are prescribed iron capsules, which are not affordable

for everyone. Incorporating pearl millet (bajra) into their diet can provide the necessary iron and zinc, and reduce anaemia risk."

Ms. Satyavathi also addressed the rise in veganism and the dietary needs of vegetarians who avoid meat and eggs. She recommended Proso Millet as a rich protein source for such people.

Doctor's Day Celebration Committee members at a programme in Hyderabad on Sunday. RAMAKRISHNA G.

Dr. Shymala: The Ubiquity of Ultrasound in Gynecology and Obstetrics

Dr. Shymala emphasized the indispensability of ultrasound in gynecology and obstetrics. She outlined its safety and effectiveness in diagnosing a wide range of conditions, from fetal abnormalities to early ectopic pregnancies. Dr. Shymala encouraged the frequent use of ultrasound to avoid missed diagnoses and highlighted its critical role in saving lives.

Honoring the Guests, Doctors and Unsung Heroes

The event also featured a segment dedicated to honoring the Guests, Doctors and the unsung heroes of the medical community—those who work tirelessly behind the scenes to ensure the smooth functioning of healthcare facilities. From nurses to administrative staff, the contributions of these individuals were recognized and celebrated.

Dr. Suthanthiran highlighted the importance of teamwork in healthcare. "Behind every successful doctor is a team of dedicated professionals who support them. Today, we honor not just the doctors, but everyone who plays a role in delivering quality healthcare."

Reflections and Future Aspirations

As the event drew to a close, attendees reflected on the day's celebrations and the messages conveyed by the speakers. The sense of unity and purpose was palpable, as the medical community reaffirmed their commitment to excellence in healthcare. Dr. Suthanthiran concluded the event with a call to action. "Let us take the inspiration and energy from today's celebrations and channel it

into our work. Together, we can overcome challenges and create a healthier, brighter future for all." The Doctors Day Celebrations in Hyderabad not only honored the contributions of doctors but also highlighted the collective efforts of the entire healthcare community. It was a day of reflection, celebration, and renewed commitment to the noble profession of medicine. The success of the event was a testament to the hard work and dedication of the organizing committee and volunteers. Special thanks were extended to M. Srinivas, Organizing Secretary, CEO, Prism Multimedia and partners who supported the event, ensuring its smooth execution. In conclusion, the Doctors Day Celebrations organized by Team Best Group of Companies and Best Cure Foundation was a memorable and inspiring event. It brought together the medical community to celebrate their achievements, reflect on their journey, and look forward to a future of continued excellence and innovation in healthcare.

